ABC Monthly

THE MAGAZINE OF OUR ABC ACADEMY, TINSUKIA

AUGUST 2026

ISSUE 5 · SESSION 2026–27



We hosted the CBSE Cluster I Kho Kho Tournament

Independence Day

Assam's freedom fighters

Our sporting hall of fame

Cover: Kho Kho — the dive for the pole

"Knowledge is the secret treasure in the mind"

ISSUE 5 · AUGUST 2026

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FROM THE EDITORIAL DESK

August was the month of the ground. Our ABC Academy hosted the CBSE Cluster I Kho Kho Tournament, with school teams, officials and umpires from across the cluster — a privilege and a responsibility the whole school took seriously.

School reopened after the summer break on 13 August, just in time for Independence Day. This issue remembers the men and women of Assam who gave their lives for freedom.

We also open the school's sporting record book: kabaddi, judo, taekwondo, volleyball and more. Every name there started on a school ground like ours.

OUR ABC ACADEMY AT A GLANCE

Founded	2003, Tinsukia, Assam
Affiliation	CBSE No. 230097 · School code 35181
Classes	Nursery to XII · Science, Commerce & Arts in XI–XII
Houses	Lohit · Lachit · Chilarai · Udaygiri
Boarding	Separate hostels for boys and girls
Results 2025–26	89%

THE MONTH AT A GLANCE

August *calendar*

August	CBSE Cluster I Kho Kho Tournament — hosted by Our ABC Academy	AT SCHOOL
13 Aug	School reopens after the summer break	AT SCHOOL
15 Aug	Independence Day	HOLIDAY
29 Aug	Parent–Teacher Meeting	PARENTS

Note for parents. Half-Yearly examinations begin in mid-September. The 29 August Parent–Teacher Meeting is the best time to discuss preparation with the class teacher.

SCHOOL TIMINGS

Nursery – SKG	**8:30 am – 11:40 am**
Class I	**8:30 am – 1:00 pm**
Classes II – XII	**9:00 am – 2:00 pm**

School office: 9 am – 4 pm, Monday to Saturday.

STAY IN TOUCH

Notices, circulars and this magazine are published on the school website.

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SPORT

Hosts of the CBSE Cluster I Kho Kho Tournament

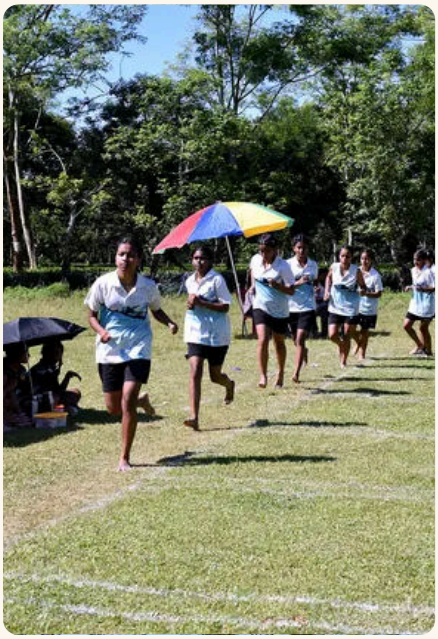


CBSE Cluster I Kho Kho Tournament — teams and officials, August 2026

In August Our ABC Academy hosted the CBSE Cluster I Kho Kho Tournament. Teams from schools across the cluster came to our ground, along with officials and umpires, for days of fast, clean and hard-fought matches.

Hosting a CBSE tournament means far more than lending a ground. Pitches were marked, rooms prepared for visiting teams, water and first aid kept ready, and dozens of our own students volunteered as helpers.

Kho Kho is one of India's oldest games and one of its most demanding — all speed, balance and sudden changes of direction. The photographs on this page show why.



Kho Kho on the ground, August 2026



The chase line in full flight



Line-up before a Kho Kho match

15 AUGUST

Independence Day



NCC cadets on Independence Day

Every Independence Day the school gathers to hoist the Tricolour, sing the national anthem and watch the NCC cadets on parade. The photographs here are from our archive of past celebrations.

Freedom was won by ordinary people who did extraordinary things, many of them from Assam. On the facing page we remember a few of them — and invite students to find out about many more.

ASSAM'S FREEDOM FIGHTERS

Maniram Dewan — hanged by the British in 1858 for his part in the 1857 uprising.

Kanaklata Barua — shot at Gohpur on 20 September 1942, aged 17, while leading a procession to hoist the national flag.

Kushal Konwar — hanged in 1943 during the Quit India Movement.

Bhogeswari Phukanani — killed in 1942 at Barhampur, Nagaon, while leading freedom fighters.



Independence Day performance



NCC cadets on parade, Republic Day 2026

HALL OF FAME

Our sporting record



Winners — CBSE Cluster I Kabaddi Tournament 2025 (boys)

2025 Boys' team — winners, CBSE Cluster I Kabaddi Tournament 2025 (hosted by Srimanta Shankar Academy, Guwahati)

2025 Ankim Jyoti Suraj Moran — Best Player, U-19, CBSE Cluster I Kabaddi Tournament 2025

2025 Palak Upadhyay — Best Player, U-19 (0–68 kg), CBSE Zonal Cluster Taekwondo Tournament 2025

2025 Bhumistha Das — Best Player, U-14 (0–44 kg), CBSE Far East Zone Judo Championship 2025

2025 Chow Sujanto Chowmouong — Best Player, U-19 (60 kg), CBSE Far East Zone Judo Championship 2025

2025 Sneha Thapa — Silver, U-17 (52 kg), CBSE Far East Zone Judo Championship 2025

2025 Devarpan — Bronze, U-17 (50 kg), CBSE Far East Zone Judo Championship 2025

2019 Pallab Jyoti Gohain (Class VIII) — represented India at the Commonwealth Judo Championship, United Kingdom — Bronze

2019 Boys' U-19 team — winners, CBSE Cluster I Volleyball Tournament

2019 Boys' U-17 team — 2nd, CBSE East Zone Cluster I Kabaddi Tournament

2018 Girls' U-19 team — 3rd, CBSE East Zone Cluster I Kabaddi Tournament

2018 Boys' U-17 team — 3rd, CBSE East Zone Cluster I Kabaddi Tournament

2017–18 Boys' team — winners, CBSE Cluster I Kabaddi Tournament; qualified for the Nationals in Haryana

2017–18 Girls' team — runners-up, CBSE Cluster I Kabaddi Tournament



CBSE Far East Zonal Taekwondo Championship, September 2024



The girls' team with their trophy



The school cricket team

PHOTO ESSAY

Tournament days

More from the CBSE Cluster I Kho Kho Tournament hosted at Our ABC Academy in August 2026.



Tournament day on the ground



Kho Kho — the dive for the pole



Kho Kho on the ground, August 2026



The chase line in full flight



Line-up before a Kho Kho match

KNOW THE GAME

Kho Kho, explained



Kho Kho — the dive for the pole

Kho Kho is a tag game from India, played on a rectangular court with a wooden **pole** at each end and a central lane between them.

THE TEAMS

Each team has twelve players, of whom nine take the field. When a team is chasing, eight of its players sit in the squares along the central lane, facing alternate directions. The ninth is the active chaser.

THE CHASE

The chaser tries to touch a defender. But the chaser may not cross the central lane or change direction halfway — so they pass the chase to a sitting teammate by touching them from behind and calling **"Kho!"**. That teammate springs up and becomes the chaser. The poles let a chaser turn around at the ends.

THE DEFENDERS

Defenders enter the court in small batches and try to stay untouched for as long as possible. A good defender reads which way the chaser is facing and dodges into the gap.

WHY IT IS A GREAT SCHOOL GAME

- It needs no equipment beyond two poles.
- It builds speed, balance and quick decisions.
- It is impossible to win alone — every *kho* is teamwork.

HOUSES

Four houses, *one school*

Every student at Our ABC Academy belongs to one of four houses, named after the rivers, heroes and hills of Assam. House points are earned all year in sport, culture, academics and discipline.

Lohit

The Never-ending

Courage, energy, passion and determination — facing challenges boldly in class, on the field and on stage.

Lachit

The Soul Warriors

Positivity, knowledge, optimism and enlightenment — shining with confidence and inspiring others.

Chilarai

The Fearless

Growth, harmony, responsibility and perseverance — nurturing talent and working together.

Udaygiri

The Rising Sun

Peace, loyalty, confidence and wisdom — calm under pressure, honest in action.

For students. Ask your house teacher how you can earn points for your house this term — and remember that discipline points count as much as trophies.

SCHOOL MANAGEMENT COMMITTEE

Meet the *SMC*

The School Management Committee guides the school under the CBSE Affiliation Bye-Laws. Each issue introduces some of its members, in their own profiles. The full committee is on the website.



MEMBER

Naveen Saraf

A prominent lawyer and committed social activist, Naveen Saraf provides invaluable legal expertise and counsel to the institution. Beyond his professional contributions, his experience as an educator translates into meaningful sessions with students on law, justice, and civic responsibility.



MEMBER

Virendra Singh

An engineer and entrepreneur with a soft-spoken, no-nonsense approach, Virendra Singh brings technical expertise and business acumen to the school. His work in exposing students to entrepreneurship and emerging technologies helps prepare them for a dynamic world, adding real-world relevance to academic learning.



MEMBER

Vandana Singh

A former teacher and dedicated social worker, Vandana Singh brings organisational strength and a mission-driven approach to the Committee's work. Her commitment to cause-related programs helps students develop social consciousness alongside academic excellence, bridging classroom learning and community responsibility.

STAFF SPOTLIGHT

Coaches, and the team behind the ground

PS — **Parshant Sarmah**
Physical Education Teacher

UG — **Usharani Gogoi**
Dance Teacher

KP — **Keshaw Pandey**
Martial Arts Teacher

AS — **Arunav Sarkar**
Art & Craft Teacher

KM — **Kishan Mandal**
Handyman

TS — **Tilak Sharma**
Driver

MS — **Mridul Sharma**
Driver

LD — **Lakhindar Das**
Driver

DS — **Dhiraj Sonar**
Handyman

GS — **Gopal Sonar**
Security

QUIZ CORNER

Test yourself

1. Who hoisted the national flag at the Red Fort on 15 August 1947?
2. Which 17-year-old was shot at Gohpur in 1942 while carrying the flag?
3. How many players of a Kho Kho team take the field?
4. Who wrote India's national anthem?
5. How many spokes does the Ashoka Chakra have?

Answers: 1. Jawaharlal Nehru · 2. Kanaklata Barua · 3. Nine · 4. Rabindranath Tagore · 5. 24

Our ABC *Academy*

Affiliated to CBSE, New Delhi · No. 230097 · School code 35181 · Nursery to Class XII



ADMISSIONS 2027–28

Enquiries are welcome all year. Visit the school office or apply through the website.

VISIT US

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