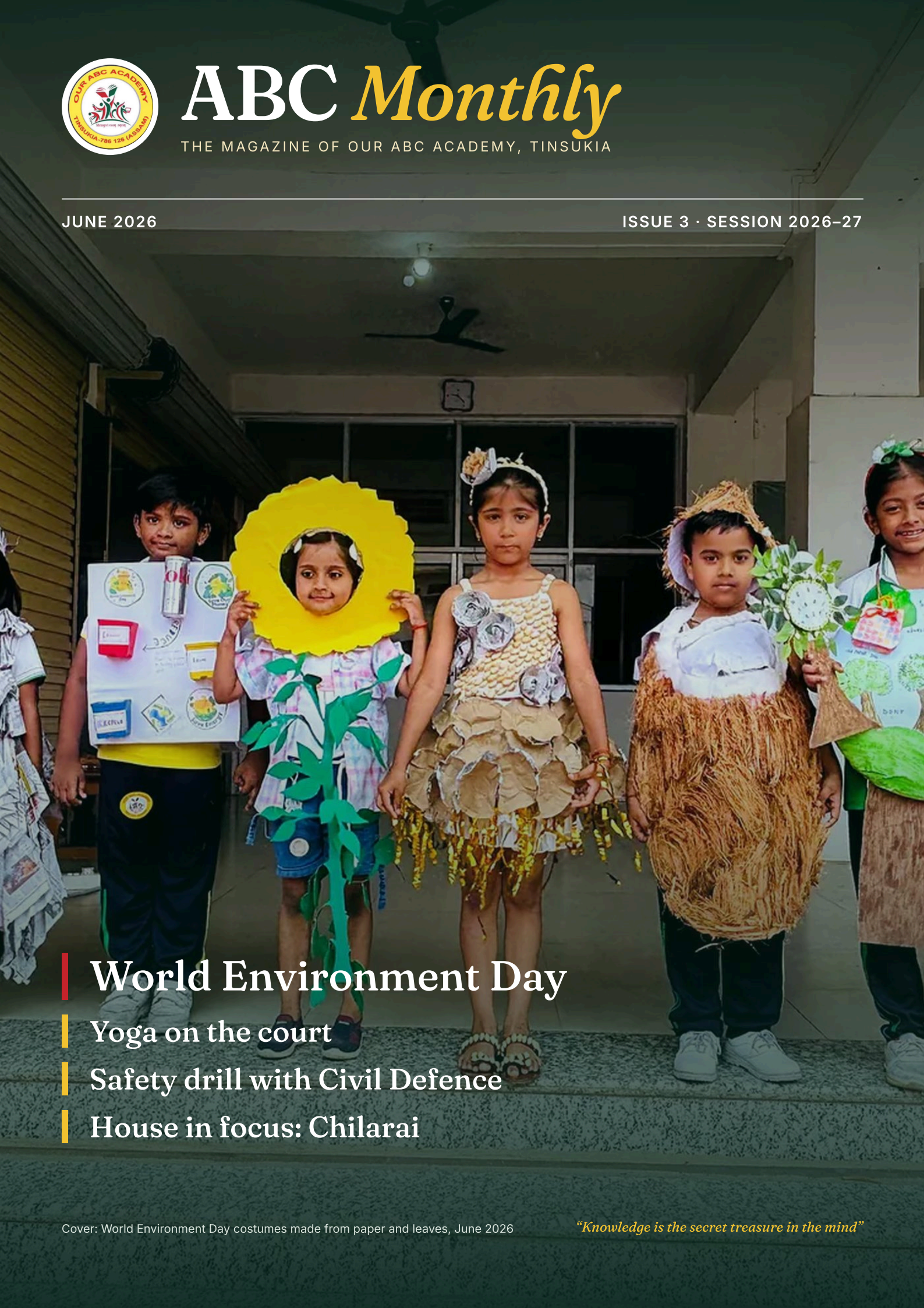
ABC Monthly

THE MAGAZINE OF OUR ABC ACADEMY, TINSUKIA

JUNE 2026

ISSUE 3 · SESSION 2026–27



World Environment Day

Yoga on the court

Safety drill with Civil Defence

House in focus: Chilarai

Cover: World Environment Day costumes made from paper and leaves, June 2026

"Knowledge is the secret treasure in the mind"

ISSUE 3 · JUNE 2026

In this *issue*

03 **The June calendar**
DATES, HOLIDAYS & TIMINGS

04 **World Environment Day**
5 JUNE

05 **Yoga, a health camp and a safety drill**
HEALTH & SAFETY

06 **Culture on the court and on stage**
ON STAGE

07 **The early years**
PHOTO ESSAY

08 **Our planet, our body**
KNOW THE DAY

09 **House in focus: Chilarai**
HOUSES

10 **Meet the SMC**
SCHOOL MANAGEMENT COMMITTEE

11 **Trained graduate teachers (TGT) & primary teachers (PRT)**
STAFF SPOTLIGHT & QUIZ CORNER

FROM THE EDITORIAL DESK

June was the busiest month of the term so far. It began with dance and recitation on the school court and ended with a school-wide yoga session and a cultural programme on stage.

In between came World Environment Day — with costumes made of paper and leaves and a class-wise environmental exhibition — a health camp, a disaster-preparedness mock drill with Civil Defence, Tinsukia, the first Parent–Teacher Meeting of the session and the first Periodic Assessment.

This issue collects those moments. Thank you to the teachers who planned them and to the parents who came to school to see them.

OUR ABC ACADEMY AT A GLANCE

Founded	2003, Tinsukia, Assam
Affiliation	CBSE No. 230097 · School code 35181
Classes	Nursery to XII · Science, Commerce & Arts in XI–XII
Houses	Lohit · Lachit · Chilarai · Udaygiri
Boarding	Separate hostels for boys and girls
Results 2025–26	89%

THE MONTH AT A GLANCE

June *calendar*

1 Jun	Traditional dance and recitation on the school court	AT SCHOOL
3 Jun	Science models displayed in the library	AT SCHOOL
5 Jun	World Environment Day — costumes and exhibition	AT SCHOOL
6 Jun	Parent–Teacher Meeting	PARENTS
From 8 Jun	Periodic Assessment 1 / Unit Test 1	ASSESSMENT
19 – 21 Jun	Cultural programme on stage and yoga for the whole school	AT SCHOOL
June	Health camp and Civil Defence mock drill	AT SCHOOL

Note for parents. Answer scripts of PA1 are shared with parents through class teachers. Please meet the class teacher if you have any question about your child's progress.

SCHOOL TIMINGS

Nursery – SKG	**8:30 am – 11:40 am**
Class I	**8:30 am – 1:00 pm**
Classes II – XII	**9:00 am – 2:00 pm**

School office: 9 am – 4 pm, Monday to Saturday.

STAY IN TOUCH

Notices, circulars and this magazine are published on the school website.

www.ourabcacademy.com

+91 60338 60003
abcasm@gmail.com

5 JUNE

World Environment Day



World Environment Day costumes made from paper and leaves, June 2026

On World Environment Day our youngest students came to school dressed in costumes made from paper, leaves and other materials that would otherwise be thrown away — each one a small lesson in reuse.

The senior classes held a class-wise environmental exhibition. Models of sustainable towns, water harvesting and clean energy filled the tables, and students took turns to explain their work to visitors.

The best thing about the day was the questions. How much water does our school use? Where does our waste go? Those questions are now class projects.



Class-wise environmental exhibition, June 2026



Explaining a model at the environmental exhibition



A sustainable-town model, environmental exhibition 2026

HEALTH & SAFETY

Yoga, a health camp and a safety drill



Yoga for the whole school on the court, June 2026

For International Day of Yoga the whole school gathered on the court — row after row of mats and a lesson in breathing, balance and stillness.

June also brought a health camp for students, and a disaster-preparedness mock drill conducted with Civil Defence, Tinsukia. Students practised what to do in an earthquake or fire: where to shelter, how to leave a building in order and where to assemble. Assam lies in a high seismic zone; drills like this one are among the most useful lessons of the year.



Disaster-preparedness mock drill with Civil Defence, Tinsukia, June 2026



Health camp, June 2026

ON STAGE

Culture on the court and on stage



A cultural programme on the stage

June began with a programme of traditional dance and recitation on the school court, performed in mekhela sador, and closed with a cultural programme on the school stage.

In between, the youngest classes arranged themselves into a star on the court — proof, if any were needed, that teamwork can start in Nursery.

Every stage performance at ABC is a house effort: practice happens in activity periods, and costumes are put together by students and teachers.



Traditional dance on the school court



Recitation in traditional dress



A star, made of children

PHOTO ESSAY

The early years

Play is how young children learn. Scenes from our pre-primary classrooms and children's park, from the school's archive.



A pre-primary classroom at work



Painting with fingers and leaves



The climbing wall in the play zone



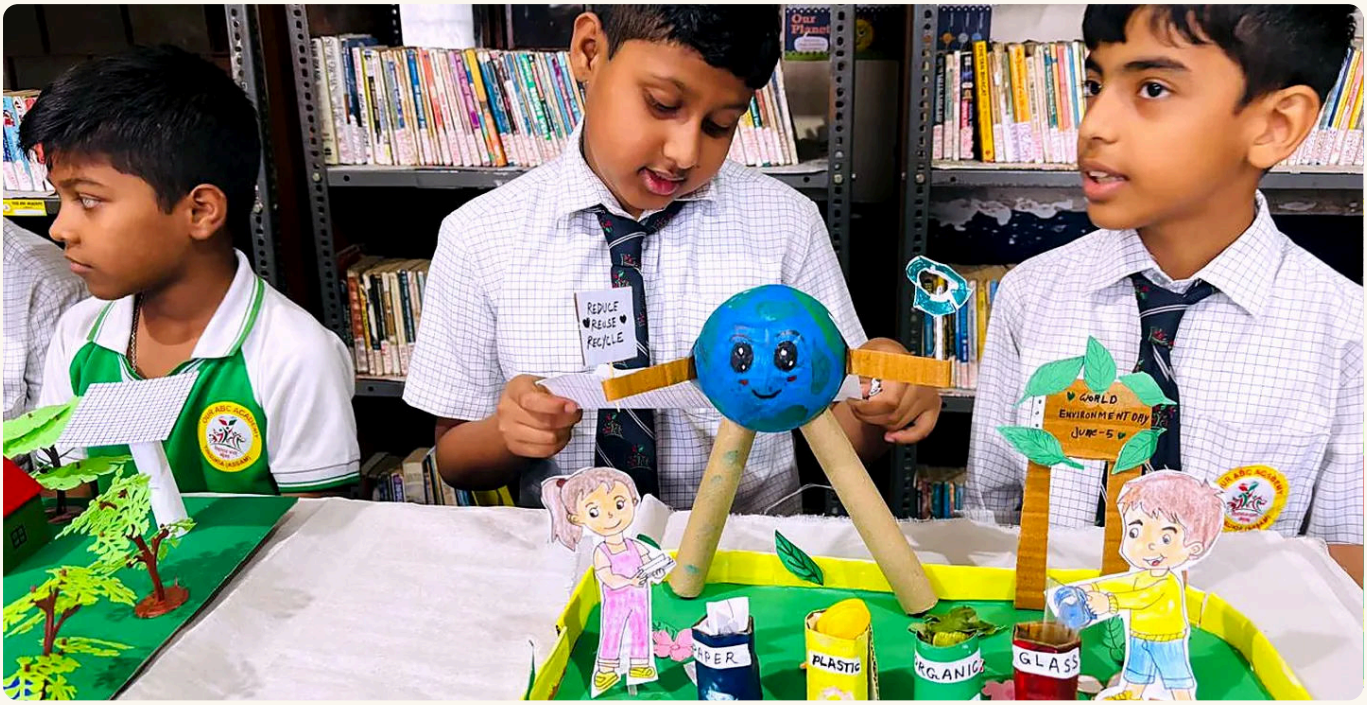
The ball pit and slide



Drawing side by side

KNOW THE DAY

Our planet, our body



A sustainable-town model, environmental exhibition 2026

WORLD ENVIRONMENT DAY — 5 JUNE

The United Nations set up World Environment Day at the Stockholm Conference on the Human Environment in 1972, and it was first observed in 1973. Every year it carries a theme and invites countries, schools and families to act on it.

Assam is home to some of India's richest natural heritage: **Kaziranga** and **Manas** National Parks are UNESCO World Heritage Sites, and the Brahmaputra holds **Majuli**, one of the largest river islands in the world. Closer home, Tinsukia district has the Dibru-Saikhowa National Park.

INTERNATIONAL DAY OF YOGA — 21 JUNE

India proposed the idea at the United Nations in 2014, and the first International Day of Yoga was observed on 21 June 2015 — the longest day of the year in the northern hemisphere.

FIVE STUDY HABITS FOR THE ASSESSMENT SEASON

- Revise a little every day instead of a lot the night before.
- Close the book and write what you remember — then check.
- Practise with past questions and a clock.
- Sleep at least eight hours; memory is built during sleep.
- Ask your teacher the question you are embarrassed to ask. Someone else has it too.

HOUSE IN FOCUS

Chilarai

The Fearless

THE NAME

Named after Chilarai, the celebrated general of the Koch kingdom in the 16th century, famed for the speed of his campaigns. Its colour is green.

WHAT CHILARAI STANDS FOR

Growth, harmony, responsibility and perseverance — nurturing talent and working together.

HOW HOUSES WORK AT ABC

- Every student, from Class I up, is placed in a house.
- Houses compete in sport, cultural events, quizzes, the food festival and more.
- Points are also given for discipline, punctuality and service.
- The house cup is awarded at the end of the session.

THE FOUR HOUSES

- Lohit — The Never-ending
- Lachit — The Soul Warriors
- Chilarai — The Fearless
- Udaygiri — The Rising Sun



Basketball on the school court

SCHOOL MANAGEMENT COMMITTEE

Meet the *SMC*

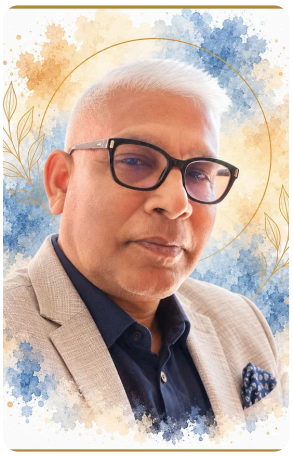
The School Management Committee guides the school under the CBSE Affiliation Bye-Laws. Each issue introduces some of its members, in their own profiles. The full committee is on the website.



MEMBER (HEADMASTER OF GOVT. SCHOOL)

Shiva Upadhyaya

An experienced administrator and proactive leader, Shiva Upadhyaya has demonstrated remarkable skill in transforming students' lives through personal connection and individualised support. His ability to bridge institutional and human elements makes him an inspiring presence. His contribution brings a valuable public-sector perspective to school governance.



MEMBER (PRINCIPAL, CBSE SCHOOL)

Manas Kumar De

The Principal of Lotus Academy, Doom Dooma, and the senior-most CBSE school principal in Tinsukia district, Manas Kumar De brings extensive leadership experience and institutional expertise. His pioneering role in district-level developmental programs and initiatives has advanced educational standards across the region.



MEMBER (PRINCIPAL, CBSE SCHOOL)

Shamim M Hazarika

Principal of Holy Brook Senior Secondary School, Tinsukia, Shamim M Hazarika is a proactive leader entrusted with significant CBSE responsibilities at the district level. Her dedication to educational excellence and collaborative approach to institutional development make her an essential partner in advancing quality schooling across the region.

STAFF SPOTLIGHT

Trained graduate teachers (TGT) & primary teachers (PRT)



Nabanita Chakraborty
TGT

RC

Rumpa Chakraborty
TGT

SS

Sabita Saikia
TGT

AK

Anita Konwar
TGT

AC

Anjali Chetry
TGT

IS

Indrani Sharma
TGT



Kajal Rai
TGT

RG

Riza Gogoi
TGT

PB

Parul Bora
PRT

ME

Meena Ekka
PRT

UC

Usha Chetry
PRT

QUIZ CORNER

Test yourself

1. In which year was World Environment Day first observed?
2. On which date is the International Day of Yoga observed?
3. Which gas do plants absorb from the air to make food?
4. Which national park in Assam is famous for the one-horned rhino?
5. Name the river island in the Brahmaputra, one of the largest in the world.

Answers: 1. 1973 · 2. 21 June · 3. Carbon dioxide · 4. Kaziranga · 5. Majuli

Our ABC *Academy*

Affiliated to CBSE, New Delhi · No. 230097 · School code 35181 · Nursery to Class XII



ADMISSIONS 2027–28

Enquiries are welcome all year. Visit the school office or apply through the website.

VISIT US

Borguri Court Tinali, Rangagora Road, Borguri, Tinsukia, Assam 786126

CALL & WRITE

+91 60338 60003 · 0374 233 1717
abcasm@gmail.com

ONLINE

www.ourabcacademy.com
facebook.com/abcasm
instagram.com/abc_tinsukia

ABC Monthly is published by Our ABC Academy for its students, parents and well-wishers. Photographs are the school's own. Undated photographs are from the school's archive. Issue 3, June 2026.